



TheraPur<sup>®</sup>

For a cooler sleep experience

# Care and Maintenance Guide

**Please keep for future reference.**

If you have any queries about these instructions, please contact us before assembling your product.

Visit [dreams.co.uk/help](https://dreams.co.uk/help)

Exclusive to  
**Dreams**



**Thank you for choosing TheraPur®**

We hope you are delighted with your new purchase. Backed by science, TheraPur® mattresses boasts unique sleep technology that's designed to improve your sleep. You can be assured that every product we make is produced with care and to the highest standard.



# Mattress care

## What to do when your mattress is delivered

A TheraPur® mattress is heavy, so you'll need two people to handle it. Take care when lifting your mattress, so you don't injure yourself or damage your mattress. Enlist someone to help and use the handles to move, turn and rotate the mattress, but remember the handles aren't designed for carrying the mattress any distance.

Your mattress may have compressed slightly during transit. This is normal and it will soon go back to its natural shape and size. Each mattress has a size tolerance of +/-2cm, which is the industry standard.

## How to care and get the most from your mattress

### Ensure good ventilation

When you receive delivery of your mattress, carefully unwrap it and make sure the room where you're putting it in is well ventilated for a few hours before you cover your mattress and sleep on it. Mattresses with natural or foam fillings may have a slight odour. If you regularly loosen your bedding to help air circulate, this odour should be gone after 14 days. Ventilating your room will help the mattress stay fresh and odour free.

### A good base

If you're using your mattress on a different base to the one you tried in store, it's worth bearing in mind that the level of comfort and support could vary.

We recommend that you don't use a new mattress with an old divan base or bed frame. An imperfect base, with a worn or tired sprung system, will provide a reduced level of support, which could result in premature mattress wear and invalidate the guarantee.

### Protect your mattress

Use a good quality mattress protector to help prolong the life of your mattress. This will minimise general wear and tear, guard against marks and stains and help maintain the appearance of your new mattress.

### Allow time to air

You'll need to air your mattress every couple of days. Pull the sheets and mattress protector back, so any body moisture can evaporate. Take care when you clean your mattress, and only use warm or cold water and a mild detergent, or the fillings might deteriorate.

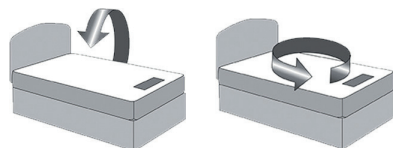
### Expect to see body impressions on your mattress

Most people tend to sleep in the same positions on their mattress every night. It's therefore totally normal for body impressions to form in your mattress. This is actually a positive indication that the generous comfort fillings used in your TheraPur® mattress are conforming to your body's unique shape, weight and sleep position. These comfort fillings will settle and dip in the area where you sleep, which can sometimes leave a ridge in the centre of the mattress. This can be more noticeable if you have a larger mattress, but it doesn't impact the comfort or support of the mattress.

This is also more evident with pillow top mattresses, and regular rotating is essential to make sure the pressure is spread as evenly as possible across the mattress in the first few months that you're sleeping on it. The nature of the pillow top design means you should expect the mattress surface to have deeper body impressions as the mattress settles, but this won't affect your comfort.

### Rotate

To make sure the fillings adapt evenly, and minimise any impressions, we recommend the mattress should be rotated or turned (depending on the mattress type) **every week for the first 3 months**, and every month after that. Get someone to help you and remember the handles on the side are great for sliding the mattress on its base, but they're not designed for carrying the mattress.



## **Sleeping position**

If there's usually one person sleeping on a double, king or super king mattress, we recommend sleeping on each side of the mattress and in the middle, for an evenly distributed amount of time. This will help reduce the amount of settlement on your mattress.

Avoid sitting on the edge of your mattress for prolonged periods as this will damage the edge support.

## **Guarantee**

Using a mattress protector and making sure you rotate or turn your mattress will also mean you're eligible for the 100 Night Sleep Guarantee. If you've had your mattress for between 30 and 100 nights and you're not happy with it, you can use this guarantee to get an alternative mattress. (Terms and conditions apply.)

Remember, your new mattress is only as strong as its foundation. If your divan base or bed frame isn't in good condition, your mattress could wear out faster or collapse. It's worth bearing in mind that using your mattress with an unsuitable base can affect your guarantee.

## **To keep your mattress in its best condition, we recommend you don't:**

- ✗ Bend, roll or fold your mattress, as this can seriously damage the spring unit and fillings, and effect the overall strength and durability of the mattress.
- ✗ Remove the mattress fire resistance labels or base labels as these identify your mattress for your guarantee.
- ✗ Jump or stand on your bed, as this can damage the mattress and the base.
- ✗ Sit on the mattress for prolonged periods of time, as this will distort springs and affect the settlement of the fillings. Your mattress has been specifically designed to support weight evenly across the entire surface during sleep.

# Divan assembly

You'll need the following tools to assemble your bed:



Scissors



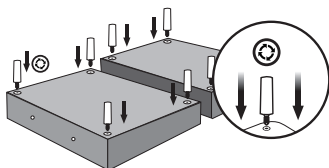
Large flat-ended screwdriver

## Preparing the divan base

### Assemble the legs/castors

#### Step 1

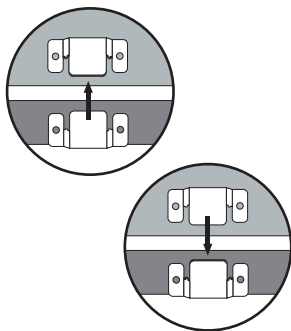
Turn the divan base on its top so the underside is accessible.



**To attach the legs** Locate the screw holes and carefully screw the leg into position. Repeat until all legs/castors are securely attached. When all legs have been attached, turn upright on the floor, taking care not to pivot on the legs as this may cause them to bend.

**To attach the castors** Place the castor into the pre-drilled hole and gently tap the castor home. Do not use a hammer/excessive force as this will damage the castor. Repeat until all legs/castors are securely attached.

#### Step 2



### Linking your bases together

- Turn each base onto their feet and align the linking brackets.
- Lift one half base and fit the brackets together.
- Repeat on the other side for a secure assembly.



### Step 3



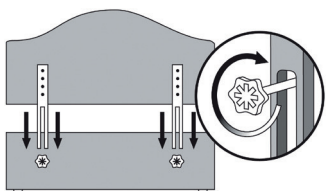
### Attaching your headboard to your divan

Locate the four headboard securing points at the head end of the divan. These are marked with a small plastic tag that has been inserted through the fabric and into the divan frame.

Carefully break through the fabric with your screwdriver or the point of your scissors to reveal the screw-hole and then carefully remove the small plastic tag, ensure the holes are completely clear of any fabric or obstructions. **Do not pierce this hole with your headboard bolt as the fabric will wrap round the bolt.**

Carefully insert the headboard bolt into the hole you have just created until it presses against the fitting and twist the headboard bolt clockwise.

### Fix headboard bolts - strutted



Continue to screw until secure. Your headboard can now be gently lowered down over the securing pins and tightened to secure the headboard against the divan base.

Adjust the height of the headboard to where you want it and make sure it's level. Spacer blocks are provided as they may be required for padded headboards and ottoman bases.

A strutted headboard should sit on top of the mattress when on the base, before the screws can be tightened.

### Standard Base Fitting Contents

#### Single Bed

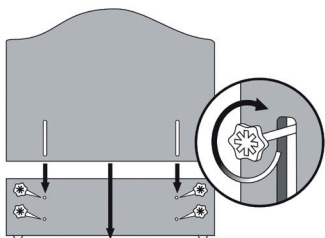
- 4 x castors or glides
- 2 x 50mm headboard bolts

#### Double or King Bed

- 8 x castors or glides
- 2 x 50mm headboard bolts

#### Super King Bed

- 8 x castors or glides
- 2 x 50mm headboard bolts



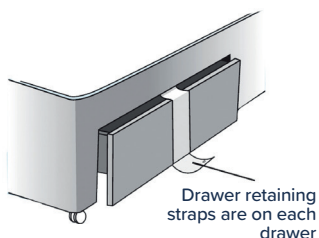
### Fix headboard bolts - free standing

Place the headboard in the upright position and up against the head end of the divan. Bear in mind that the struts for a floor standing headboard are built into the headboard itself. Position the headboard upright at the head end of the bed. Line the struts up with the screw holes in the divan base. Keep the bottom of the headboard flush on the floor.

Slowly move the headboard into a position where the pierced holes can now be seen through the headboard attachment holes.

Insert the headboard bolt into the pierced hole and screw up until tight; repeat this with the remaining bolts.

### Step 4



### Remove the straps from the drawers

Straps are used to stop the drawers sliding open during transit. They're stapled on the underside of the divan and along the top of the divan frame inside the drawer.

When the bed is in position, you can carefully remove the straps from each drawer, releasing the straps from the underside of the divan before attempting to release the strap from the fastening point inside the drawer.

Avoid placing exceptionally heavy or bulky objects onto the mattress and don't overload any divan drawers as this may cause permanent damage.

 Drawers max weight: **15kg**

Start by carefully removing or flattening the staples. Alternatively, carefully cut the straps and trim any excess cloth.

**✗ DO NOT OVERLOAD DRAWERS.** If the drawers are removed, please insert them back carefully, making sure the wheels on the drawer runner are inserted into the runner on the base.

**✗ DO NOT FORCE** the drawer back as this will damage the runners.

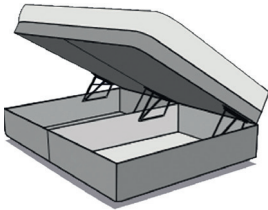


# Ottoman assembly

## ! Important – please read these instructions fully before starting

- We recommend that two adults assemble the bed.
- Do not use power tools.
- This product has potential for entrapment in the motion unit. Keep fingers, hands and feet away from this area when in use.
- Once assembled the divan base should not be operated without the mattress in position.
- Make sure your hands remain in the handle cut-out position when raising and lowering the bed, to avoid trapping your fingers.
- Do not discard any packaging until you're sure you have all the assembly parts. Please discard all packaging in a responsible manner.
- Never leave children near the ottoman without supervision.

### Step 1

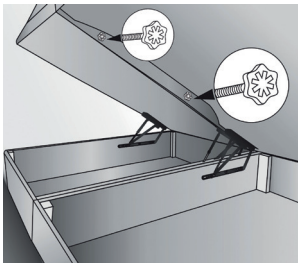


### Remove transit straps

The divan base should be laid on a flat surface and the transit straps should be carefully cut with a pair of scissors.

Open each top with extreme caution and remove the bag of fittings. For steps 2 and 3 follow the previous steps for assembling castors and securing linking bars on page 7.

### Step 2



### Secure the divan lids

Open the divan top with extreme caution using the handles provided. Locate the two holes along the centre of the rail on the right hand base and pierce with the screwdriver.

Insert the 50mm screws and turn by hand until fully tightened.

**! Important – please read carefully and keep for future reference**

- Make sure the mattress is on the bed frame before operating the lift mechanism - failure to do so could result in injury.
- Keep hands clear of the mechanism when opening or closing the ottoman.
- Beware of entrapment - never reach in through the mechanism to access the storage area.
- Always open the ottoman **FULLY** before accessing the storage area.
- Use caution when operating and use both hand cut-outs when lifting, so the frame lifts evenly.
- Note: This bed uses a pressurised mechanism. To be operated by adults only.
- Please keep children and pets away from the bed when operating the lift mechanism.
- Keep children and pets away from the storage area.
- Don't overload the internal storage area.
- Don't stand inside the internal storage area of the bed.



- Before removing the mattress secure the frame, so it doesn't open unexpectedly.
- Don't attempt to lie on the mattress when the ottoman is in the raised position.
- When lifting the ottoman remove all the bedding except the fitted sheet.



Ensure mattress is on before lifting



Don't lift without mattress

## Ottoman Base Fitting Contents

### Single Bed

- 4 x castors or glides depending on the specification
- 4 x 120mm headboard bolts
- 2 x spacer blocks

### Double or King Bed

- 8 x castors or glides depending on the specification
- 4 x 120mm headboard bolts
- 2 x 50mm lid joining bolts
- 2 x spacer blocks

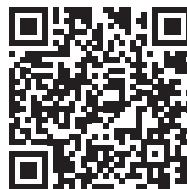
### Super King Bed

- 8 x castors or glides depending on the specification
- 4 x 120mm headboard bolts
- 2 x 50mm lid joining bolts
- 2 x spacer blocks

**Thank you for purchasing your TheraPur® product.**

If you love your new bed as much as we do, please leave us a review.

<https://uk.trustpilot.com/review/www.dreams.co.uk>



## **Our product guarantees**

Dreams is confident all of our beds are made to the highest standards. Therefore we offer the following guarantees:

**10 years:** TheraPur® divan sets (TheraPur® mattresses purchased with a TheraPur® divan base)

**10 years:** TheraPur® mattresses (when purchased separately)

**1 year:** Divan drawers, drawer runners, linking bars, castors and glides and mattress toppers

In the unlikely event of a defect becoming apparent, please contact Dreams within one month of the problem occurring. Simply provide proof of purchase along with the nature of the issues and any photographs you have taken, which will help us to identify the potential cause. Following an inspection by Dreams and/or an independent inspection company, the defective product will be repaired or replaced free of charge.

### **Terms and conditions:**

- General wear and tear, including staining, excessive soiling, abrasion, tears and burns, misuse and normal bed filling settlement are excluded
- This guarantee is non-transferable and valid from the date of the original purchase only
- Consistent with meeting its obligations under the guarantee, TheraPur® reserves the right to undertake the lowest cost option. This may involve rectifying the problem, arranging for the unsatisfactory component to be replaced or refunding part of the original purchase price
- This guarantee does not extend to non-domestic usage or to goods which are taken outside of the UK
- This guarantee may be invalidated if the purchaser does not follow or carry out proper care procedures as outlined in the guidelines or where the product has been adapted, abused or altered
- The terms of this guarantee in no way limits legal and statutory rights
- TheraPur® reserves the right to change specifications without prior notice as part of our continuous improvement policy



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