

# Care & maintenance

Looking after your new  
Hyde & Sleep mattress

**Hyde  
& Sleep**<sup>®</sup>

Exclusive to  
**Dreams**

## Please keep hold of this guide for future reference

Any questions? Get in touch with our team today.

Call 0800 652 6750 or visit [dreams.co.uk/contact-us](https://dreams.co.uk/contact-us)

## Settling into your new mattress

If you've been used to a sprung mattress, it's likely your Hyde & Sleep mattress will feel a bit different to begin with. This is completely normal, so give yourself around 30 days to adjust to the change.

The good news is that the more time you spend in bed, the better! Extra movement awakens the cells within your mattress, so they can respond to your body, weight, and temperature. Don't worry, they'll always return to their original shape to give you exceptional support night after night.



We recommend that you don't use a new mattress on an old bed base, as this may reduce the level of support you experience. This could result in premature mattress wear and invalidate the guarantee.



# Caring for your mattress

## Opening your new mattress

Once your new mattress has arrived, carefully unwrap it and ensure the room is well ventilated for a few hours before you pop your sheets on and sleep on it. The foam within your mattress may have a slight odour, which is completely harmless. If you regularly loosen your bedding to help air circulate, this odour should disappear after 14 days. If your mattress is rolled, see page 4 for more detailed opening instructions.

## Moving

Generally, Hyde & Sleep mattresses should not be bent or pressed out of their original shape, to prevent damage to the material inside. Mattresses can flex safely at room temperature, but when the foam is cold there is a risk of the material tearing or cracking, so it's best avoided.

Your Hyde & Sleep mattress needs to be stored flat, even if you won't be using it straight away. Storing it on its end for long periods will cause the mattress to lose its shape and with it, all its cosy benefits.

The mattress will likely be compressed during transit, which is totally normal. It'll recover in no time at room temperature, within a tolerance of +/- 2cm, which is industry standard.

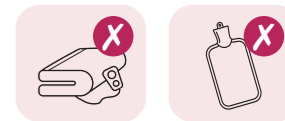
## Cleaning

Your Hyde & Sleep mattress has a zipped cover, which is non-removable. Please take care to dry any spillages with a cloth as soon as they occur to avoid damaging the foam filling. If any stains form, simply wipe over carefully using clean water on a well wrung cloth.

**i** We recommend popping a good quality mattress protector on to help prolong the life of your mattress. This will minimise general wear and tear, guard against marks and stains, and help maintain the pristine look of your new mattress.

## Maintaining

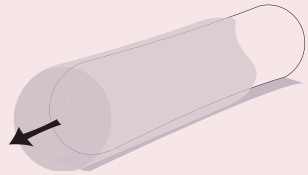
- To make sure the fillings adapt to your body evenly, and minimize any impressions on the surface, we recommend rotating your mattress every week for the first three months, and every month after that.
- Your mattress may be heavy, so you'll need two people to handle it. Take care when lifting your mattress, so you don't injure yourself or damage your bed. Once you've enlisted some help, you can use the handles cleverly attached under your mattress to help you to move and rotate it, but remember the handles aren't designed for carrying the mattress.
- To help keep your mattress fresh, we recommend pulling back the covers and letting it air out, so any body moisture can evaporate.
- We do not recommend using an electric blanket or hot water bottle on your Hyde & Sleep mattress. Foam is temperature reactive, and your mattress is designed to work best with your natural body heat. Using an electric blanket can cause irreversible damage to the pressure relieving properties of your mattress and affect the support you experience. If you do find you need a bit extra warmth, we recommend using a heated blanket on top of your bedding, rather than an electric blanket on your mattress. Hot water bottles may leak, which would damage your mattress and invalidate your manufacturer's guarantee.



# Opening instructions: Rolled mattresses

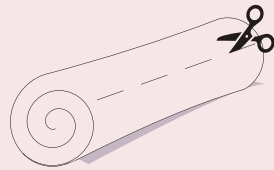
## Step 1

Remove the outer plastic bag and recycle according to your local guidelines.



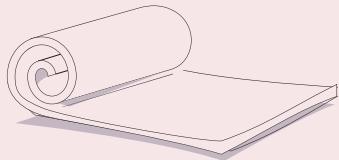
## Step 2

Make an opening across the inner bag, being careful not to damage the mattress. Remove and recycle along with the outer bag.



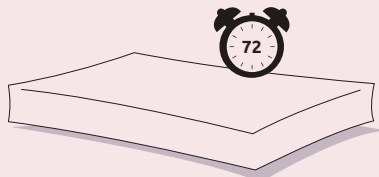
## Step 3

Allow to unroll naturally. Whilst your mattress adjusts, there may be some creasing as a result of the rolling. This is normal and will disappear over time. Don't worry, this won't get in the way of you being able to use your new mattress!



## Step 4

Be aware that mattresses containing foam may require up to 72 hours to fully settle.



Once opened, your new mattress will be ready to use in approximately 4-6 hours.

# Things to avoid

To keep your mattress in its best condition we recommend you don't:



Remove the mattress fire label or base labels as these identify your mattress for the guarantee.



Sit on the edge for your mattress for long periods of time as this impacts the edge support.



Jump or stand on your bed, as this can damage the mattress and the base.



Use electric blankets or hot water bottles.

## And remember:

Your mattress has been designed to support weight evenly across its entire surface during sleep. Rotate regularly to ensure the surface wears evenly.



Non turn



Warning  
2 PERSON LIFT

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& Sleep<sup>®</sup>

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